

WCKA Lil Dragons FUN COMPETITIONS 2019

Basic Rules

- **Age 4 & 5 Lil Dragons** — will take no longer than 2 hours
- **Age 6 & 7 Lil Dragons** — will take no longer than 3 hours
- **Uniform** — full uniform must be worn in all categories i.e. no t-shirts
- **Equipment** — for sparring, gloves are needed and Instructors recommend that Lil Dragons wear their own. Gloves will be provided to Lil Dragons without their own
- **Protection** — body protectors will be provided for all sparring
- **Categories** — Instructors will explain to students —
 - **Forms (Individual)**
 - **Forms (Doubles)**
 - **Forms (Teams 4-person)**
 - **Forms (High Kicks)**
 - **Sparring (Points Sparring)**
 - **Sparring (Continuous Sparring)**
- **Grade / Age** — if a competitor changes belt or age during the year they must move up to the new category
- **Age** — if a competitor turns 8 during the year, they must move to the Kids Zone Competition on the Sunday
- **Forms** — if an Instructor is needed to help a Lil Dragon through a Form, 1.5 will be deducted from the Judges overall score
- **Doubles** — can only remain together if both Lil Dragons are in the correct age bracket
- **Registration** — to help the smooth running of the event, registration will close 1 week before the competition
- **Fun Competition** — there will be no league tables, no Grand Finals etc as the emphasis is on “fun” and giving Lil Dragons valuable mat experience. If any 6 & 7 year olds want a serious competition they can enter Sunday